# Waskahegan Trail Association 2020 Safety Plan & Participant Guidelines for Trail Maintenance Crew

Our COVID-19 safety plan covers screening, physical distancing, masks, hygiene protocols and appropriate cohort guidelines. We are following the latest guidance from the Minister of Health for Outdoor Activity and will update our plan as necessary.

# **Screening:**

Before participating in a work party, crew members will be asked by email to answer the following questions:

- 1. Do you have any of the following symptoms which are new (or worsened if associated with allergies, chronic or pre-existing conditions): fever, cough, shortness of breath, difficulty breathing, sore throat, and/or runny nose?
- 2. Have you returned to Canada from outside the country (including the US) in the past 14 days?
- 3. In the past 14 days, have you had close contact (living with, providing care to, or being within 2 m of) with someone who has a probable or confirmed case of COVID-19?\*
- 4. In the past 14 days, have you had close contact with a person who had acute respiratory illness that started within 14 days of their close contact to someone with a probable or confirmed case of COVID-19?
- 5. In the past 14 days, have you had close contact with a person who had acute respiratory illness who returned from travel outside of Canada in the 14 days before they became sick?\*
  - \*other than health care workers who were wearing proper personal protective equipment at the time.

If the answer to any of these questions is "yes" we will ask that person to stay home.

#### At the garage:

The crew size will be limited to 6 people or less.

Both doors will remain open to promote fresh air circulation.

Maintain 2m distance whenever possible.

When tasks require closer proximity, masks will be worn.

### In the field:

- The crew size will be limited to 15 or less.
- Maintain 2m distance between people on the trail, and at lunch breaks.
- Participants are expected to bring and handle only their own gloves.

- PPE such as helmets, ear protection and safety glasses will be assigned to a single user for the season.
- Lawnmowers are the only tool that is potentially shared and the handle will be disinfected between users.

# Carpool Guidelines (when people not of the same household are involved):

- Minimize car pools and shuttles as much as possible.
- One person only (unless from same household) per row of seats, alternating sides.
- Everyone must wear a mask while in the vehicle. Cloth masks are acceptable. Mask must not be wet. Disposable masks will be provided.
- Handwashing or hand sanitizer before getting in, and upon getting out.
- The driver should be the vehicle's owner; don't drive other people's cars.
- Everyone handles their own gear only.

### <u>Disinfection/Hygeine Protocols</u>:

- Alcohol-based hand sanitizer will be provided for hand washing.
- Sanitizing wipes will be provided for cleaning surfaces such as tools, door handles and seat belts in shuttle vehicles.