



WASKAHEGAN WANDERINGS

Waskahegan Trail Association, P.O. Box 131, Edmonton AB T5J 2G9

www.waskahegantrail.ca

VOLUME 41 ISSUE 1

SPRING 2010

ANNUAL GENERAL MEETING

& SOCIAL

APRIL 16, 2010

AVONMORE UNITED CHURCH

7909 - 82 Avenue

7:00 pm

Please join us for our
annual meeting and social.

This year we are honouring five long time
members for their on going contributions to WTA.

After the business portion, there will be a
presentation by noted photographer Bob Costall on
his experiences in photographing the trail.

Refreshments will be served following the
presentation.

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THE WTA EXECUTIVE

PRESIDENT:	ANITA ALLSOPPP	780-435-6444	TRAILS/MAINTENANCE:	JIM WILSON	780-968-2504
VP/HIKE PLANNING:	KAREN BELL	780-642-6372	ARCHIVES/PERMISSIONS:	PETER VERHAAR	780-466-6756
PAST PRESIDENT:	LOUISE DAVIS	780-467-8662	DIRECTOR AT LARGE:	DAVE BARNARD	780-476-2266
SECRETARY:	DARLENE CRANE	780-449-2989	DIRECTOR AT LARGE:	MARILYN BOURASSA	780-463-1207
TREASURER:	CHRISTINE YAKOWESHYN	780-641-7064	DIRECTOR AT LARGE:	HUGH KENNEDY	780-486-3085
PUBLICITY:	FRANK POTTER	780-419-7289	DIRECTOR AT LARGE:	GARY STEINBRING	780-461-2987
MEMBERSHIP/DONATIONS:	STELLA CORMIER	780-488-9515	SOCIAL CONVENERS:	DARLENE & DAVE BARNARD	780-476-2266
NEWSLETTER:	SHIRLEY JACKSON	780-429-7932			

MESSAGE FROM THE PRESIDENT



Anita Allsopp

Your President says farewell. It is time for me to pass on the reins. I will do so officially at our AGM April 2010.

I have enjoyed three years of leading a fine group of dedicated volunteers, and have enjoyed meeting and hiking with many members of this wonderful organization.

In my three year term I have focused on team building and on bringing forth the talents of those who came forward offering their time and commitment to the Waskahegans – be it as board member, hike leader, or on trail maintenance. I have also been challenged by these same people to add my talents to theirs. This I have done to the best of my ability.

An old Kenny Rogers song returns to memory as I write this letter: “...*know when to hold ‘em, know when to fold ‘em, know when to walk away, and know when to...*”

Leadership has its many styles, and all can be of benefit to an organization. The WTA is at a crossroads as it enters its next forty years, and it is my belief that it can

benefit from a different leadership style than my own at this time.

Thank you all for this opportunity to serve. These past three years have brought challenge, joy, and delight to my life. I have concentrated on both building our membership of hikers and networking with the wider community. This is my legacy.

To you, whom I pass on the reins, let me say:

“Enjoy the challenge, remember to live in the light of joy and delight. Love the trail and all those who work to maintain it and hike it.”

I will continue to hike the trails that I love so much, and give of my time in other areas. I will continue on the board in the position of Past-President and mentor to the incoming President, and will volunteer off-board.

In deepest gratitude for your trust and generosity these past three years,

Anita Allsopp
(Outgoing President)

CALLING ALL WASKAHEGAN MEMBERS!



Do you want a say in our organization?

Volunteer for a position on the board!

Currently we are looking for a **President** and a **Vice President** for May 2010.

The President chairs the board meetings and ensures that the Waskahegan Trail Association's commitments are met.

The Vice President replaces the President as chair if required.

If you are interested in either position, please contact Karen at 780 642-6372 or k-bell@shaw.ca



MEMBERSHIP DISCOUNT

Waskahegan members are eligible to receive 10% off any regular priced merchandise bought at Camper's Village on 170 Street or at 32nd Avenue and Calgary Trail and also at Track 'n Trail, 10148—82 Avenue. To obtain the discount you must show your membership card.

How many Waskahegans does it take to find the trail?

Three! One to find it and two to argue about it.

TRAIL MAINTENANCE

The Trail Maintenance season for 2009 was busy, with more than 550 hours of work completed by a crew of 25 hardworking volunteers. This year the work was, for the most part, straight clearing of deadfall, cutting back undergrowth, clipping, and improving signage. There were no major projects.

The spring season was relatively easy as the dryness meant slow growth. The summer work was tougher when several aggressive windstorms required crews to re-clear trail sections of downed trees. Work continued right through July and August, although several very hot Saturdays caused some sweat, and work crews had to knock off work early.

The Equipment Manager, David Mutch, stores equipment used by crews in a facility operated by Sentinel Storage at 9944 – 33 Avenue. It has proved its worth, as it houses all the equipment, and also provides a convenient jumping off point for crews meeting to go out on a work day. There is ample parking for vehicles not used in carpooling.

Equipment is continually monitored to keep it in tip-top mechanical shape. Safety equipment is kept up-to-date and available, to meet the requirements of the Workers Compensation Board. This past year, the Predator, a heavy brush cutting mower, was completely overhauled by Dave Wallace, who provided his time and skills free of charge. Other costs were covered by a generous donation from Dave Dorward.

As always, we are on the lookout for people who will come out and help maintain our Trail. Work begins as soon as snow melt allows, and continues through until snow flies in the fall. Anyone who can donate a Saturday or a weekday to this activity will find there are ample rewards. The small crews mean more chance to observe wildlife, gain better familiarity of the trail section, enjoy getting to know other crew members, as well as a feeling of pride and accomplishment in the job done. Training on equipment and safety protocol is provided by experienced crew leaders.

If you would like more info, or to volunteer, please contact:
Jim Wilson at jdwilson89@hotmail.com or 780-968-2504
Marilyn Bourassa at Marilyn.bourassa@telus.net or 780-463-1207



CASINO NEWS—LOUISE DAVIS

Our casino of November 29 & 30, 2009 went very well. All volunteers arrived on time, eager to work and all the money and chips balanced.

There were 37 volunteers and 5 reserve volunteers. I was amazed that everyone responded very willingly when asked to assume a role. There was one cancellation owing to a family commitment and I was able to fill this space immediately.

Apparently, we earned \$27,000 the first night and \$7,128 on the second. However, this is averaged over three months with all the other charities so our earnings will probably be much more in the end. The cashiers received \$23 in tips which will be deposited in our General Account.

The consultants worked professionally with everyone. They had a very calming effect. They and the casino staff complemented us on how well we worked and how well organized we were.

We completed an application for another casino in two years time and signed a commitment to have our next casino at the Argyll site. The timing can be deferred.

I have thanked every volunteer and asked for comments and suggestions for the next time. I have also kept a complete file of the event which will go into the archives.

I am grateful for all the support of the Council members especially Anita and Karen who were excellent Alternate General Managers. I think everyone enjoyed the experience. A big thank you to all of the willing volunteers for giving time and energy to earn the money to keep the trail open.



WASKAHEGAN SATURDAY CHALLENGES CONTINUE IN 2010

There will be two longer one-way hikes more challenging than our regular Sunday hikes and open to everyone who shows up at the meeting place at Super Store 51 Ave & Gateway NW corner of parking lot at 8:30 AM. Part of the challenge is the distance, the other is that some of the trail will not be recently cleared.

1. May 16, 2010 – 8:30AM *Ministik Berg* (Spilstead Corner to RR205) A87-A90 = **19.3km**
2. Oct 2, 2010 – 8:30AM *Battle River* (Hwy 822 to Duhamel) A57- A62 = **19km**

WASKAHEGAN CELEBRATES VOLUNTEERS

Saturday Oct 16, 2010 is the second annual thank you event for our many volunteers who lead hikes, maintain our trail, sit on the board and work behind the scene.

This year will be a BBQ Lunch & Hike. Location and details to be announced in September 2010's newsletter. Registration will be required.

BEYOND THE WASKAHEGAN TRAIL 2010

All trips open only to Waskahegan members. Detailed information handouts will be available at our Annual General Meeting April 16th and on the website. The following trips are in the works:

1. June 12 *Half Moon Lake* natural area
2. Jul 1-4 *William A Switzer* pp Blue Lake Ctr
3. Jul 17 *White Earth Valley*
4. Aug 28 Connelly McKinley free bus on the *Athabasca Landing Trail* from Rochester south to Tawtinaw
5. Sept 4 *Overnight TBA*
6. Sep 18 *Ft Edmonton Henday Bridge* Loop

More information coming at our AGM April 16 & on our website or contact Karen k-bell@shaw.ca 780-642-6372



BIRKEBEINER—FEBRUARY 13, 2010

This year was the 22nd anniversary of the Birkebeiner Cross Country Ski Race.

Bev Stokowski, with the help a dedicated crew of Waskahegan volunteers, set up the Last Chance Food Station. Our crew was ready for the first 31 km skier who arrived at 10:40 am.

During the day, volunteers (and Bears) graciously accepted compliments from the skiers as they passed through the Last Chance Food Station, 460 for the 31 km race and 283 for 13 km race, for a total of 743.

Special thanks to Waskahegan volunteers who donated their time and energy, David & Darlene Barnard, Elaine Benoit, Darlene Crane, Hugh Kennedy, Edda Loomes, David Mutch, Helen Whitson, Christine Yakoweshyn and Oscar Zawalsky.

A well-deserved “Gold Medal” goes to our food manager Rob Faulds.



BEYOND WASKAHEGAN

BIG KNIFE PROVINCIAL PARK—SEPTEMBER 19—MARY BOYCHUK STETTLER STEAM TRAIN

Our trek to Big Knife Provincial Park and the Stettler Steam Train Ride to Big Valley was a complete success.

As we walked further, we were right on the edge of the hill on a narrow trail leading to beautiful views perfect for a 'group photo'.

The latter part of the hike was through groomed trails of deciduous trees that grew along the Battle River.

Our 'murder mystery' train left Stettler for Big Valley at 2:30 PM. We all rode in car '6060'. The train ride was about 1 1/2 hours long and we were presented with 'Chapter 1' of the murder mystery. When we arrived in Big Valley we proceeded to a hall where our roast beef buffet was ready and enjoyed by all.

The actors from Calgary then proceeded with the second part of the murder mystery after which we were to write down 'who dunnit' and with which weapon.

After the murderer was found out, we once again proceeded to the train for the ride back to Stettler. The 'Bar Car' had live entertainment and some of us spent the whole ride back singing old favorites from the 70's and 80's. Thanks to Karen Bell for organizing such a wonderful outing!

COAL LAKE CHALLENGE—OCTOBER 3 - KAREN BELL

The 19km Saturday Challenge hike-through on Coal Lake Oct.3 had six people attending. It was cool and windy so we had lots of short breaks and kept moving. We heard and saw huge flocks of geese landing on the water and taking off continuously. We saw blue jays and hawks and surprised lots of grouse in the bush. There was a huge puff ball mushroom and feathers and fur from some ravaged victims along the trail. The trail was much more of a challenge with fallen trees, especially at the end further from where it was scouted and so we were all pretty tired. All and all it was a good successful hike that gave us all a sense of accomplishment.

The Saturday Challenge is still a new idea that is geared to people unable to attend our Sunday hikes and the hike-through rather than the usual return trip after lunch shows the continuity of our trail. The challenge is in the distance and rougher terrain. Look for the next one coming up in spring 2010!

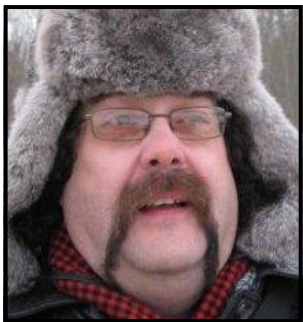
IMRIE LAKE BARBECUE—OCTOBER 17—MARILYN BOURASSA

This little known County Park was the site of the first annual Volunteer Appreciation event, and was attended by 28 of the Association's hardworking members. Helen Whitson led a morning hike along ski trails touched by a lingering skiff of snow, through woodland filled with glorious golden Tarmack. Some of the group took a second impromptu hike as the temperature warmed, while others built fires, started cooking burgers, brewed coffee. Thanks go to Dave and Darlene Barnard for organizing, obtaining, and transporting the food, Linda Pruden for the bison burgers, and Joy Dawson for leading the group in a sing-along. A special thanks to Karen Bell for overall coordination of a fun filled event.



NEW BOARD MEMBERS

Gary Steinbring - Trail Maintenance Volunteer & Director At Large



What a way to spend a day, on the Trail with the sun on my face, weather at my back, and a saw in my hand, feeling good about life, hearing and seeing all that's around me. I ask, is there a better way to get to know the Trail? Maybe, maybe not.

Don't get me wrong, the hikes are great, what with all that goes on; but in my mind maintenance is where the real action is. Clipping, trimming, cutting, fixing and building. Yes, I do like to play with the equipment, get some physical activity and observe the sights and sounds of nature. It's all good.

I came to this Association coming up three summers ago looking for not much more other than a hike. Much to my surprise I volunteered for trail maintenance, not really knowing what was what. Well, it fit the bill and here's something else; there is nothing quite like being able, on a Sunday morning, to answer "why yes, I worked on this trail, for you".

Marilyn Bourassa Director At Large



I joined the Waskahegan Trail Association in early 2009, and before even going out on any hikes, I found myself part of Saturday Trail maintenance crews. Spending a day clipping and cutting on a section of trail turned out to be very rewarding on many levels. There were opportunities to observe wildlife, to learn about the trail from experienced crew, to have fun and lots of laughs, to take away with me a feeling of pride and accomplishment at the end of the day.

Over the rest of the summer and fall, I continued getting out as often as I could on maintenance crews, eventually learning to use a chainsaw and other equipment. Along the way, I met very interesting people whose knowledge I value and whose dedication to the Trail I now share.

WELCOME TO NEW MEMBERS

Welcome



The WTA welcomes the following new members:

Steve & Bonnie Auerbach	Anelde Gehring	Glen Palmer
Carol & William Bacon	Don & Marilyn Greenway	Kyle Park
Allan L. Bailey	Larry Kokmatycki	Barrett Pashak Zenari
Elaine Benoit	June MacIvor	Diane Patry
Andra Bismanis	Al & Nancy McC Calder	Margaret Perrot
Steve Buswell	Carol McEachren	Roger Thomson
Diane Delesoy	Scott Milligan	Linda Watrich
Gail Doane	Karen Neilsen	Helen Wong
Michele Fortin	& Eric Butterworth	Gerald Woolnough
Howard Gates	Darren Paches	Dan Wright



DONATIONS Thanks go out to:

Mae Cox donated in the Memory of George Hislop Howard Gates Don & Marilyn Greenway	Linelle Henderson, on behalf of Edmonton Hiking/Walking Meetup Group	Carol McEachren Karen Nielsen Kyle Park
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PUBLICITY AND THE WEB

Two items of note for publicity and the website. Firstly a big thanks goes out to Spencer Environmental. They are a Gold Sponsor of the Canadian Birkebeiner and each year select one not-for-profit to take over their booth space. This year, Spencer Environment selected the Waskahegan Trail Association. Peter Verhaar did a stellar job getting the booth set up and organized on short notice and thanks go out to Hugh Kennedy who helped to man the booth during the day.

Secondly, visit this website:

www.halifaxoutdoorclub.com. This is the test site for our new web presence based on the Andawa club software. This is the same software used by the Edmonton Outdoor Club and 11 other organizations across North America to coordinate their events, membership and club affairs. The software was the best fit for the best money of all available Club Software and our requirements (see our last newsletter). The board is still determining exactly how we will roll out and use the functionality available, but here are some possibilities:

Available Now

1. Membership management - Currently available

Available Shortly

2. Event Management, e.g. our hike list and other events
3. Standard documentation about who we are [FAQ, Etiquette, etc.]*

* Note, this content has not been approved by the board and press time

4. Waiver Management*

* Note, this waiver protocol has not been approved by the board at press time

Perhaps a little later on

5. Updates to hike details by the Hike Leader [e.g. change of venue because of weather, downed trees, landowner concern, etc.]

6. Mass emailings to members of things like this newsletter

7. Trail Maintenance Schedule

A little more later on

8. Member only access to documents and select trail information

9. Member networking

10. Select self-managed member events

11. Links to other member events

12. Online photo gallery (public and members only)

And, a bit of dreaming

13. Online videos and training for Trail Maintenance Machinery

14. Trail section forums to flag trail hazards and status

15. Member 'I did it' trip log of sections completed, thoughts, photos and blogs on the experience

16. Membership and event payment functionality

17. Real time coordination with Facebook, Meetup.com and other social networking sites

What are your thoughts? Drop me an email to webmaster@waskahegantrail.ca.



Frank Potter



RIVER VALLEY CLEAN-UP—MAY 1, 2010

The annual River Valley Clean-up is expected to be on May 1st. Bev Stokowski is coordinating the event for the club this year.

Please give Bev a call at 780-469-7948 if you would like to be involved.



Look Bill a Waskahegan Tree!

How do you know John?

Everyone wants to be a leader

MEMBERSHIP RENEWAL FORM 2010



WASKAHEGAN TRAIL ASSOCIATION MEMBERSHIP

www.waskahegantrail.ca

P.O. Box 131, Edmonton, AB, T5J 2G9

Please complete the attached form and mail to **Waskahegan Trail Association**,
P.O. Box 131, Edmonton, AB, T5J 2G9

First & Last Name; _____
 Name of Family or Group: _____
 Address, City, Province & _____
 Postal Code: _____
 Phone (area code): _____
 E-mail: _____

Adults/Family/Group	_____	\$20.00/ year <i>Membership runs March 1st to February 28th. Members joining after September 1st receive the balance of the year gratis.</i>
Guide Book (Members Only)	_____	\$10.00
Guide book shipping	_____	\$5.00 if mailed out
Crest	_____	\$3.00 <i>complimentary to new members</i>
Decal	_____	\$2.00 <i>complimentary to new members</i>
Pin	_____	\$3.00
DVD – a Year in Hiking	_____	\$15.00
Donation	_____	Tax receipt <i>issued for donations of \$10 and more</i>
	\$ _____	Total in Canadian Dollars

We encourage and appreciate your active support and participation in our association. Please indicate by checking these areas in which you would be willing to help, * training is provided:

Hike Leader* <input type="checkbox"/>	Board of Directors <input type="checkbox"/>
Trail Maintenance* <input type="checkbox"/>	Social Events <input type="checkbox"/>
Not Sure, please contact me <input type="checkbox"/>	Web/Newsletter/Publicity <input type="checkbox"/>

How did you hear about our association?

Poster <small>Waskahegan Trail Association</small>	_____	Web <small>Waskahegan Trail Association</small>	_____
Newspapers <small>Waskahegan Trail Association</small>	_____	Other <small>Waskahegan Trail Association</small>	_____
Word of Mouth	_____		_____

I/We understand that persons using the Trails do so at their own risk.

Signature _____ Date _____

Privacy Statement: All information provided to the Waskahegan Trail Association is held in strict confidence and will never be shared or made available to third parties.

Waskahegan Trail Association trips meet at the various locations as listed below and then we car pool from there. Passengers contribute \$5.00 to the driver for gas. Pets are not allowed on the hikes as there are wild and domestic animal encounters along the trail. The 6th & 7th edition trail guide page number are listed after the hike description.

Hikes with a “*” are new for 2010. Beyond hikes and other events may require pre-registration. Hike details are subject to change. Please consult our website for the most current and up to date information (www.waskahegantrail.ca).

2010 HIKES & ACTIVITIES

Meeting Places

<u>Hawrelak Park</u>	approx 93 Avenue & Groat Road
<u>McDonalds Argyll</u>	Argyll & 81 Street
<u>McDonalds Capilano</u>	9857 50 th Street
<u>McDonalds Westmount</u>	318-111 Avenue & Groat Road
<u>Snow Valley Ski Club</u>	(Rainbow Valley Campground) 13204-45 Ave access via Whitemud Dr. off 122 St.
<u>Super Store Calgary Trail</u>	5019 Calgary Trail NW corner
<u>Fort Edmonton parking lot</u>	follow signs on Fox Drive, near Quesnell Bridge (access off Whitemud Fwy.)

2009 Hikes & Activities*
**Please note changes in time, meeting place, and destination have been made since the last newsletter.*

<i>Date</i>	<i>Time</i>	<i>Meeting Place</i>	<i>Destination</i>	<i>Bk Page</i>	<i>Distance</i>	<i>Leader</i>	<i>Phone (780 -)</i>
Apr 11	9 AM	Super Store 51 Ave	Camrose City Hike*	75/59	10k	Elizabeth	672-2873
Apr 18	9 AM	Super Store 51 Ave	Battle River East A64-A62	69/53	10k	Bob	432-1416
Apr 25	9 AM	Super Store 51 Ave	Pipestone A53 West to A50	59/43	10k	Marilyn	463-1207
May 2	9 AM	Super Store 51 Ave	Trappers Lake A105-Fence	117/101	10k	Bill	962-6362
May 9	9 AM	Super Store 51 Ave	Source of the Blackmud A38-A39+	45/29	10k	Karen	642-6372
<u>May 15</u>	830AM	Super Store 51 Ave	<u>WTA Saturday Challenge Ministik Berg</u>	public	19k	Karen	642-6372
May 16	9 AM	Super Store 51 Ave	Battle River West A60-58C	65/49	10k	Marilyn	463-1207
May 23	9 AM	Super Store 51 Ave	Miquelon #2 West A84-DE loop	81/67	10k	Peter	466-6756
May 30	9 AM	Super Store 51 Ave	Devon River & Ravine Trails*	118	10k	Sandra	467-9572
Jun 6	9 AM	Super Store 51 Ave	Ministik A87-Horsehoe Lake	89/73	10k	Jim	968-2504
<u>June 12</u>	9 AM	Super Store 51 Ave	<u>Beyond Half Moon Lake natural area</u>	Members	12-15k	Karen	642-6372
Jun 13	9 AM	Super Store 51 Ave	Coal Lake South End; Dam to A46	53/37	10k	Michele	417-6928
Jun 20	9 AM	Super Store 51 Ave	Pigeon Lake Provincial Pk Family BBQ Event?*	121	10k	Frank	419-7289
Jun 27	9 AM	Super Store 51 Ave	Bigstone Pipestone Hike through A48-A50*	57/41	10k	Karen	642-6372
<u>Jul 1-4</u>		<i>Beyond Pre register</i>	<u>Beyond William A Switzer Blue Lake Ctr*</u>	Members		Karen	642-6372
Jul 4	9 AM	Super Store 51 Ave	Kopp Lake to Ord Lake A35-A34+	43/27	10k		
Jul 11	9 AM	Super Store 51 Ave	Battle R.A56 to Chickadee Trail*	63/47	10k	Oscar	435-1197
<u>Jul 17</u>	9 AM	TBA	<u>Beyond White Earth Valley*</u>	Members		Karen	642-6372
Jul 18	9 AM	Super Store 51 Ave	Hastings Lake A97-A95+	97/81	10k	Jim	968-2504
Jul 25	9 AM	Super Store 51 Ave	Stony Creek A67-C	73/57	10k	Elizabeth	672-2873

<i>Date</i>	<i>Time</i>	<i>Meeting Place</i>	<i>Destination</i>	<i>Bk Page</i>	<i>Distance</i>	<i>Leader</i>	<i>Phone (780-)</i>
Aug 1	9 AM	Super Store 51 Ave	Ross Creek A110-A112	121/105	10k		
Aug 8	9 AM	Super Store 51 Ave	Coal Lake Waterfront to KJORLEIN A46 to A45	53/37	10k		
Aug 15	9 AM	Super Store 51 Ave	Whitemud MacTaggart Hike through*	33/17	15k	Oscar	435-1197
Aug 22	9 AM	Super Store 51 Ave	Miquelon N.Spilstead South A87-A86	87/71	10k	Michele	417-6928
Aug 28	9 AM	Beyond Pre register	<i>Beyond Bus to Rochester to Tawatinaw *</i>	Members		Karen	642-6372
Aug 29	9 AM	Super Store 51 Ave	Saunders Lake	41/25	10k		
Sept 4		Beyond Pre register	<i>Beyond Overnight TBA</i>	Members		Karen	642-6372
Sep 5	9 AM	Super Store 51 Ave	Battle Bethany A59-A58	65/49	10k		
Sep 12	9 AM	Super Store 51 Ave	Mix Stopover A36-A38	45/29	10k	Stella	488-9515
Sep 18	830AM	Super Store 51 Ave	<i>Beyond Ft Edmonton Henday Bridge Loop*</i>	Members	15k	Karen	642-6372
Sep 19	9 AM	Capilano McDonalds	Blackfoot Rec. Area Blackfoot Lake Stage	105/89	10k	Helen	468-4331
Sep 26	9 AM	Super Store 51 Ave	Pipestone A53 West to A50+	59/43	11k	Bob	432-1416
Oct 2	830AM	Super Store 51 Ave	<i>WTA Saturday Challenge Battle River*</i>	public	15+k	Michele	417-6928
Oct 3	9 AM	Super Store 51 Ave	Coal Lake Middle A43-C	51/35	10k	Sandra	467-9572
Oct 10	9 AM	Super Store 51 Ave	Hastings Lake SE A91—Mottet Hill	95/70	10k		
Oct 16	9 AM	Pre-register Req'd	<i>WTA Volunteer Thankyou BBQ & Hike</i>	Volunteers	8-12k	Karen	642-6372
Oct 17	9 AM	Westmount McDonalds	Lois Hole Provincial Park*	124	10k		
Oct 24	9 AM	Super Store 51 Ave	Blackfoot Area RR203-Lost Lake Shelter	101/81	10k		
Oct 31	9 AM	Super Store 51 Ave	Battle River A61-A60E	67/51	10k		
Nov 7	9 AM	Super Store 51 Ave	Ministik North Berg Stopover A88-A90	93/77	11k		
Nov 14	9 AM	Ft Edmonton parking lot	Fort Edmonton over to Patrica Ravine*	n/a	12k	Karen	642-6372
Nov 21	9 AM	Terwilleger Park	Terwilleger Park West*	n/a	12k		
<i>Time Change</i>							
Nov 28	10 AM	Argyll McDonalds	Millcreek to Kinsmen	25/9	13k	Lee	633-6901
Dec 5	10 AM	Snow Valley	Snow Valley to Hawrelak Park	31/13	14k		
Dec 12	10 AM	Capilano McDonalds	Gold Bar Park Hike/Ski	21/5	10k	Michele	417-6928
Dec.18	6PM	Board	<i>Christmas Pot Luck Dinner & Lights Hike</i>			Karen	642-6372
Dec 19	10 AM	Capilano McDonalds	Strathcona Wilderness Centre Ski	106/114	10k	Helen	468-4331
Dec 26	10 AM	Capilano McDonalds	Blackfoot Area Wask. Staging Hike/Ski	101/85	10k		