



# WASKAHEGAN WANDERINGS

Waskahegan Trail Association, P.O. Box 131, Edmonton AB T5J 2G9

[www.waskahegantrail.ca](http://www.waskahegantrail.ca)

VOLUME 40 ISSUE 2

WINTER 2009

## INSIDE THIS ISSUE

President's Message	2
Coliseum Mountain	2
Trail Maintenance	3
Urgent Message	3
Honorary Memberships	3
Membership Discount	3
Publicity	4
Trail Maintenance Leaders	4
Beyond Waskahegan	5 & 6
Y Hiking	6
Casino News	7
River Valley Clean Up	7
Volunteer Coordinator	7
Hike Challenge Oct 3	7
Donations	8
New Members	8
Volunteer Positions	8
Barbecue—Oct 17	8
Hike Schedule 2009/2010	9 & 10

# FALL SOCIAL

## MONDAY—NOVEMBER 2, 2009

### CAMPER'S VILLAGE

10951—170 Street—7:00-9:30pm

**COME ONE AND ALL** and join **Alwynne B. Beaudoin, Ph.D.**, Quaternary Environments, Royal Alberta Museum, as she describes some of the new and surprising findings from the studies

### *On Dry Land: Detecting Drought in Alberta's Past*

Dramatic images of drought have become part of the mythology of Alberta - cracked earth, dried-up lakes, and dust clouds threatening settlements. Yet, for thousands of years, people living in Alberta have coped with periodic drought.

Now, new research is helping to provide a better long-term perspective for these events. Are all droughts the same? Do droughts show predictable patterns? Are recent droughts really more severe and apocalyptic than events in the distant past? Through the investigation of lake sediments and tree rings, we are coming to understand that drought is part of the rhythm of life on the prairies.

Refreshments will be served following the presentation.

**This evening is hosted by Camper's Village and is free to WTA members and the general public, however seating is limited. Please RSVP with Campers Village by calling (780) 484-2700; 1.888.231.4753 or visiting any location of Campers Village.**



#### THE WTA EXECUTIVE

PRESIDENT:	ANITA ALLSOPPP	780-435-6444	TRAILS/MAINTENANCE:	JIM WILSON	780-968-2504
VP/HIKE PLANNING:	KAREN BELL	780-642-6372	EQUIPMENT MANAGER:	VACANT	780-
PAST PRESIDENT:	LOUISE DAVIS	780-467-8662	ARCHIVES/PERMISSIONS:	PETER VERHAAR	780-466-6756
SECRETARY:	DARLENE CRANE	780-449-2989	DIRECTOR AT LARGE:	DAVE BARNARD	780-476-2266
TREASURER:	CHRISTINE YAKOWESHYN	780-641-7064	DIRECTOR AT LARGE:	MARILYN BOURASSA	780-463-1207
PUBLICITY:	FRANK POTTER	780-419-7289	DIRECTOR AT LARGE:	HUGH KENNEDY	780-486-3085
MEMBERSHIP/DONATIONS:	STELLA CORMIER	780-488-9515	DIRECTOR AT LARGE:	VACANT	780-
NEWSLETTER:	SHIRLEY JACKSON	780-429-7932	SOCIAL CONVENERS:	DARLENE & DAVE BARNARD	780-476-2266

## MESSAGE FROM THE PRESIDENT



Anita Allsopp

*“To walk in the wild with others for a period of time is to touch base with original human companionship, to feel the raw immensity of the planet we live on and to begin to know our own wildness that has lived in us for so long.”*

(Roger Housden)

The wild and wonderful Waskahegan Trail Association is in full bloom. After living a sheltered life for forty years (the Capital Region’s best kept secret) it has become better known by hikers, town planners, tourists, writers and photographers.

To date we have over 180 members. Of these there are about 30 that join us each week on our Sunday hike. What a wonderful time we have, with photos shared via email as remembrance.

Many of you hike our trail on your own, with family and friends. **WE WANT TO HEAR FROM YOU.** Let us know what portions of the trail you have hiked, and what your experience has been. Send photos and/or email to [president@waskahegantrail.ca](mailto:president@waskahegantrail.ca). Your name will be entered for a draw; the prize, a full size color edition of our 40<sup>th</sup> Anniversary Guide Book. Your input as members of the WTA is important to us.

On another note, you will notice in this newsletter some

wonderful “Beyond Waskahegan” events, organized by Karen Bell, our Vice-President and Hike Planning Chair. These are a re-birth of events that were lost for a great number of years. Revitalization in this area is a sure sign of new and exciting growth in our organization.

And finally, you will notice our Casino this fall. It has been ten years since our last one, and we have big plans for the use of this money. Most will go toward the day to day operations of Trail Maintenance; we are in the brainstorming stages for other possibilities of expenditure.

We are 180 strong. As members we remain grateful toward our many landowners (about 150) who form the backbone of our trail. (About 65% of our trail runs through their private land.) When you hike on this private land, remember to “tread lightly”, with respect for the surrounding fields and domestic animals. Send out a word of thanks to the landowner! Together, we, landowner and hiker, make up the soul of the Waskahegan Trail Association. Nature, both private and public is our food.

Rumi, the great Persian mystic once wrote: *“Out beyond ideas of wrong-doing and right-doing there is a field. I’ll meet you there.”* I believe we’ve met him in the fields of our trail. And we can ask ourselves a question Mary Oliver, the great Canadian poet once asked: *“What do you plan to do with your one wild precious life?”* I say: *“Let’s dance in the wild of the Waskahegan Trail.”*

Anita Allsopp, Chair WTA

## COLISEUM MOUNTAIN—NORDEGG—MAY 8-10/09



Get a load of the view! Come on, get out there and enjoy! What a TREASURE of a day hike:

- 1) scenic with switchbacks and varying landscapes, it also provides an impressive rock upon which to take photos with a panoramic background view (so it appears that you’ve climbed much higher than you actually have; perception is half the battle as the saying goes),
- 2) it was a terrific opportunity to apply all those previous weekend hiking/keep fit & vibrant excursions with the WTA, posing increased challenge in incline (the summit is slightly over 2000 m) and distance (about 7 km one-way) (no problem...factors that can be easily forgotten about with good company & scenery about),
- 3) it’s a relatively local hike (3.5 hrs from Edmonton) that you can make into an inexpensive trip (particularly if you stay at the comfortable Shunda Creek Hostel, esp. in a group over 10 people). It took several hours to complete, with many stops enroute, and we came back exhausted...though with such a sense of satisfaction and accomplishment.

On whim, two people with a vague interest to hike around Nordegg, extended an invite to others...in the end—20 people were in attendance. We had a marvelous time! Met great people, ate good food, great physical activity with blessed weather...and now cherished memories.

Lisa Oishi

## TRAIL MAINTENANCE

We have had a successful spring maintenance work period. We have had several new people out to help on our Saturday work parties. The work required has been a little bit spotty. With the dry condition the weed and grass growth was limited but there have been lots of deadfall trees. The beavers have also been very active.

For the fall maintenance we will work all the Saturdays from Sept 6th to Oct 25th. We will also work some weekdays.

We will be contacting all the people on our trail maintenance volunteer list during late August to arrange work dates.

We are always on the lookout for more people who would like to help with maintenance of the trail. No particular skills are required; we will supply all the tools and training if required. If you like to work in the outdoors with a small crew of people, we would be glad to have you. All the people working on our trails are covered by our WCB policy.

For more information please contact me, Jim Wilson, at [jdwilson89@hotmail.com](mailto:jdwilson89@hotmail.com), or 968 2504, cell 904 9720 or any of the trail maintenance leaders.



## FROM THE BOARD: URGENT MESSAGE TO ALL WTA MEMBERS

The mandate of the WTA has always been three-fold:

1. Maintain a trail
2. Promote hiking
3. Network with other groups of hikers and/or trails

Over the last 2-3 years great progress has been made in areas #2 & #3. At this time it is #1 that needs promotion.

The WTA board has set up a Steering Committee to look into the evolution of the Trail Maintenance Committee (a sub-committee to the board). Issues such as infrastructure, leadership, and recruitment of volunteers will be looked at. This committee will meet on a regular basis over this fall and winter. A special thanks goes out to the WTA members who have agreed to be on this committee:

<i>Jim Wilson</i>	<i>Linda Pruden</i>	<i>Lee Elliott</i>
<i>Marilyn Bourassa</i>	<i>Jelto Schiebel</i>	<i>Frank Potter</i>
<i>Denis Nolan</i>		<i>Anita Allsopp</i>

Our next newsletter will have an update on their work.

We are 180 members strong. The WTA board is calling for volunteers interested in being part of the process of infrastructure and leadership training in the trail maintenance area.

Please submit comments, ideas, questions, etc. by email or phone to Anita at:  
[president@waskahegantrail.ca](mailto:president@waskahegantrail.ca)  
 780-435-6444

**Trail Maintenance will have top priority in board discussions over the next year.**



## HONORARY MEMBERSHIPS

As WTA moves into its forties, its board will be giving honorary memberships to its long-time members and volunteers. This will happen over the next few years. This coming year, we will begin by will honoring five people: Oscar Zawalsky, David Mutch, Vince DeJong, Gene Miskew, and Ben Duchminski.

## MEMBERSHIP DISCOUNT

Waskahegan members are eligible to receive 10% off any regular priced merchandise bought at Camper's Village on 170 Street or at 32nd Avenue and Calgary Trail and also at Track 'n Trail, 10148—82 Avenue. To obtain the discount you must show your membership card.



## PUBLICITY, WEB AND GUIDEBOOK



Frank Potter

### All I want for Christmas is Web 2.0

We Waskaheganites have always relied on communication and information management to build, maintain and use our trail. A good web strategy is one component of a healthy trail. So, I thought I would put down my Christmas list of what I

would like to see in the version of the web.

As you read through the remainder, keep in mind that there will be a public face, a members only private section and a restricted area. The public face is generally what our web is right now – basic information about use. Member only would be many of the things discussed below and restricted would be for detail maps or GPS information on our trail. Let me know what you think of my brainstorming.

Email me a [webmaster@waskahegantrail.ca](mailto:webmaster@waskahegantrail.ca) or call me at 780.278.7289.

1. **Security and Safety:** The website will use commercial grade security to protect our member's privacy and members will be able to opt out of using the web themselves. Most vendors offering software and our internet provider can guarantee this level of security.
2. **Member Information:** Members can manage their own information such as volunteer preferences, basic details (name, address) or volunteer on line for trail activities.
3. **Volunteer Information:** Members can research volunteer roles and what is involved in each position (e.g. Chain Saw Operator, Hike Leader, etc.). Through forums, members can ask WTA leaders about positions or hear about other people's experiences. If there is a certification process for machinery, this would be managed through this feature as well.
4. **Trail Maintenance:** Maintenance logs will detail when a section was last maintained, observations and land-owner considerations. Members who hike the trail off schedule can email or post notes about the status of a trail section (trees down, flooded, etc.). Inventory of tools and machinery is maintained along with its condition, to whom it is signed out to and any safety or operating instructions.
5. **Trail Assets:** A restricted inventory of WTA trail assets including stiles, ladders, bridges and their exact position downloadable to a standard GPS device. Maps and descriptions of the trail would be restricted to help protect our trail.
6. **Hike Leaders:** Will have sections on how to hike and to lead a hike. A forum organized by trail sections in which hike leaders can research and discuss sections of the trail and any particular challenges, features or safety considerations.
7. **Membership Community:** **Members can:** Pay for dues or trips online. Organize trips outside of the official hike schedule and report/discuss the results. Receive additional official WTA communication such as a monthly president's report and/or trail updates.

---

## TRAIL MAINTENANCE LEADERS

### **The WTA is in urgent Need of Trail Maintenance Leaders:**

Please contact Anita at [president@waskahegantrail.ca](mailto:president@waskahegantrail.ca) or at 780-435-6444 for further information.

The Trail Maintenance Leaders will be responsible for maintaining a section of our trail. The crews will be split geographically with consideration for driving times to the trail.

They will organize and lead a crew of volunteers to ensure that the trails are in good condition for scheduled hikes. Each crew will be supplied with a basic set of maintenance tools and materials. Specialized tools will be stored at the equipment storage facility; this equipment will be available as required.

Where specialized skill or big jobs are required they will work with the TMC to organize an ad hoc crew for the job.

## BEYOND WASKAHEGAN—PART OF OUR CELEBRATION OF 40 YEARS OF HIKING

### COYOTE LAKE NATURAL AREA—JUNE 6—ANITA ALLSOPP

Sitting in the bus coming home from Coyote Lake, I heard someone comment: “*This must be how the rich people travel!*” **Yes, it was a day rich beyond compare!**

We had two beautiful hikes: one at Coyote Lake (where we were surrounded by bird song), led by Oscar Zawalsky; the other near the Genesee Power Plant, led by Karen Bell. Here, on the edge of the North Saskatchewan River, we scouted out fossils. David Mutch, with his trusty hammer and chisel enjoyed splitting the sandstone pieces, revealing hidden treasures. (The Homefire Grill, where some stayed for supper, had petroglyph artwork on the walls, that reminded me of these beautiful fossils engraved in stone.) Coming home, we not only spotted a moose by the side of the road, we also drove through a flock of gulls – one, unfortunately for it, hitting the side of the bus! On this homestretch we were also able to watch the 2008 Waskahegan hiking DVD.

For many of us (31 in all) this was a first time hike in these two areas. Karen Bell, our coordinator had every detail covered and all we had to do was sit back, hike, eat, and enjoy! Yes, we returned home rich indeed, having experienced how rich people travel. We were those people!



### LAKE LOUISE—JUNE 15-18 —DAVID MUTCH

Ten members took part in the four day hike centered in the town of Lake Louise. Karen Bell had organized and planned the details down to the *nth* degree. We stayed at the International Hostel which, for some of us, was a first time experience. The comments were positive as the hostel was not filled and the healthy food provided by the hostel restaurant was both tasty and plentiful.

The weather was a big factor in our hikes as it was so early in the season and we anticipated snow covered trails. Some trails were indeed snowbound and impassable so we worked our itineraries around accessibility to embrace a full day of hiking. The sun and the rain played a game with us but not enough to curtail any of our activities.

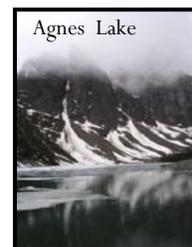
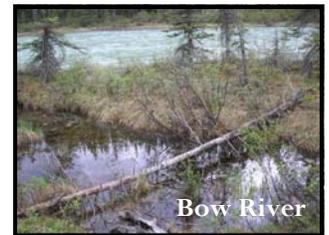
Our hikes were garnished with many alpine flowers which seemed to be yawning prior to bursting into full bloom. For some the snow had barely melted around them as they extended a tentative leaf before committing themselves to the uncertainty of a watery sun. Short-lived, but affording a delightful diversion from their very austere rockbound surroundings, these plants didn't look strong enough to survive. We even discovered an incredibly frail orchid lower down near the valley floor.

The hiking was strenuous, as was to be expected, but our efforts culminated in breath-taking views even though at times we were literally in the clouds. (Someone suggested we were not far from cloud nine, such was our euphoria at the dizzying heights!) We hiked the local trail on arrival but even here in town there were parts of the trail cordoned off because of bear presence. We didn't see any bears as we were not exactly gliding through the woods in silent Hiawatha-like fashion. Any wildlife was pre-warned long before they could be spotted.

We were above the snowline but vigorous walking and constant wardrobe changes kept us warm.

By the time we came to the trail end few of us were completely dry but our spirits were high. We hiked: the Bow River trail, the Valley of the Six Glaciers (the height of which reduced the Chateau to playhouse size and afforded us a ring side seat to view avalanches issuing from the Victoria Glacier), the Little Beehive, Lake Agnes Teahouse in-the-clouds and our last hike which almost became the group favourite. This was Sundance Canyon which had to be approached by a tiresome strip of asphalt laid to accommodate cyclists, horses and tourists. Fortunately we started early and beat the rush. The 2.2k loop up and around the rushing craggy canyon was at first a challenge then a delight as we lost elevation in a gentle swinging gait which took us back to the trail head just in time to breast the first wave of unwashed tourists who were pouring up the asphalt by foot; by bike; and by an honest-to-God covered wagon driven by a yupping cowboy and his two plodding resigned horses.

Everyone agreed that our sally into a different form of hiking was an indisputable success and pivoted on the effort expended by Karen.



## PEMBINA RIVER PROVINCIAL PARK—JULY 25—PAT CETTIGA

Summer had arrived!

The outing to Pembina River was sunny and warm and enjoyed by all.



The group gathered at the west end Superstore and did all the regular introductions, signing in, car pooling, and with the great organization of Karen, set out to Pembina River on time. The summer atmosphere was noticed at Pembina as the parking lot filled and over flowed a little after we arrived. The first hike enabled the hikers to have a picturesque view of the river. Cameras came out and hikers got very close to the drop off! The other excitement happened during the break when some of the hikers took a dip in the river. There was enough heat to encourage all to at least put their feet in the water. The drive out to Matthew's Crossing Natural Area went as planned after all the drivers found the correct turn off. We were thankful to have organized the cell phones when we all met. We hiked in the heat of the day with very few bugs and sightings of wild raspberries and strawberries. Yum Yum. Another water experience as enjoyed by most and the hike back and ride home went smoothly.



## MUSKEG CREEK PARK—AUGUST 15—DARLENE CRANE

Eighteen hikers carpoled 142 kms north of Edmonton on Hwy 2 to Muskeg Creek Park, Athabasca, a steep-sided, heavily wooded ravine west of the downtown area and adjacent to Athabasca University.

We had ideal conditions for hiking approximately 10 kms, up and down hills on a wide mowed path, crossing the creek by bridge twice. Entertainment was provided by Christine Yakoweshyn and her grasshopper friend!



There was plenty of time after to enjoy and shop in the town of Athabasca, and check out their excellent tourist info centre (in an old train station), ice cream, wild rice, antique shops, and bargains! After the hike, some of our group met for dinner at the Flamingo Restaurant in Edmonton.



It really doesn't get any better than this .... at least a 5 star rating for the day. Thanks so much to Karen Bell for making this happen!

## Y HIKING - KAREN BELL

Three reps from the Bill Rees YMCA and I, along with three teens (we hoped for 10) hiked the Mactaggart Sanctuary trail from 10 to 3 on Thursday, July 30<sup>th</sup>. The new program for teens includes archery, biking, canoeing, hiking, and orienteering, with a 3 day overnight camping trip at Miquelon. I gave them a bit of history of the trail and Waskahegan, handed a walkie talkie to a tail ender and another my camera for photos. We had sprinkles of raspberries and saskatoons along the trail as we made our way to and underneath the Henday bridge. It was very different being with the young people. They chatted along, not too interested in the wildflowers, but they were all into the challenge of the hike, and crossing over on a beaver dam, looking at the moon-scape left by the pit mining and the graffiti artwork underneath the Anthony Henday.

Although we tried to reschedule the following week, the second hike on the Whitemud Adventure trail was cancelled by the Y due to sickness and some of the kids being grounded.

Hiking with young people to me is a worthwhile investment in Waskahegan's future.



## CASINO NEWS—LOUISE DAVIS

By the time this report is read all the preparations for the WTA Casino on November 29 & 30<sup>th</sup> at the Edmonton Casino (Argyll) will be complete. Our application for a licence will have been submitted at the end of September and I am sure it will be granted.

At the time of writing all the positions have been filled with willing volunteers. A few people will act as spares if changes are needed. All volunteers received information about their roles and obligations in September. I am grateful for the willingness of all the volunteers to accept assignments so cheerfully and to fill out all required documents as requested.

The Waskahegan Trail Association is fortunate in having an active membership that supports the goal: "to build and maintain a hiking trail in the Edmonton district." Funding from Casinos makes this possible.



## RIVER VALLEY CLEAN-UP—MAY 2, 2009

The sun shone on 22 enthusiastic volunteers as they started cleaning up designated areas.

The locations covered are as follows:

Both sides of the Freeway from Whitemud Creek to 119 Street.

Creek area banks, Bridge Environs, including Park road and bushes up to 119 Street. The Waskahegan Trail from Whitemud Creek to Blue Bridge under Smith Crossing. Along top of Blackmud Creek 118 Street – 22 Ave to 111A Street – 18 Avenue. Parking area south of Smith Crossing con-

tinuing east along the freeway and in the bushes to 119 Street.

The volunteers collected 27 extra large bags filled to capacity, plus several flotsam & jetsam that had to be carried by hand.

I would like to compliment the volunteers for a clean-up well done.

Many thanks to the volunteers from the City, the Club and myself.



### Volunteers

John Allen  
Nina Belostotsky  
Linda Blezard  
Sharon Boyd  
Darlene Crane

Cindy Dew  
Cheryl Erickson  
Linelle Henderson  
Evie Karvellas  
Edda Loomes  
Ross Meyer

David Mutch  
Lisa Oishi  
Frank Potter  
Bob Reckhow  
Diane Stewart  
Bev Stokowski

Helen Whitson  
Erica Wuensch  
Christine Yakoweshyn  
Agnes Youzefowich  
Oscar Zawalsky

Beverly Stokowski, Coordinator. Waskahegan Trail Association

## WTA HAS A VOLUNTEER COORDINATOR!

It is important to remember that the Waskahegan Trail is *not ours!* It belongs to the landowners and the community. We are simply the guardians and stewards of this wonderful trail.

On that note, to engage the larger community, **Sandra Carruthers** will be our liaison with Volunteer Action Centers in the communities of Edmonton, Sherwood Park, St. Albert, Fort Saskatchewan, Spruce Grove, and beyond.

If you would like to offer help in any way please contact her at [rscarruthers@interbaun.com](mailto:rscarruthers@interbaun.com)

## HIKE THE SATURDAY SPECIAL—OCTOBER 3

This is the first hike in a series to experience the continuity of our trail and challenge ourselves with a longer 19 km hike through from A43 to the south end of Coal Lake. We meet at AMA 9AM. For more info: Karen 780-642-6372.

## DONATIONS Thanks go out to:



Steve & Bonnie Auerbach	Robert Costall	Gloria Hawkey	John & Stella Procter
Allan Bailey	Martin & Louise Davis	Bill Hinchey	Michael Roma
Marilyn Bourassa	Vincent DeJong	Evie Karvellas	Pat Shinkewski
Joanne Burek & Lee Stickles	David Dorward	Edda Loomes	Hanan Shami
Richard Clayton	Erika Ewen	Margaret McInall	Paul & Annette Specht
Mike & Jeanne Charchuk	Raquel Feroe & Eric Gormley	Frank Potter	Maurice White

## WELCOME TO NEW MEMBERS

The WTA welcomes the following new members:

Steve & Bonnie Auerbach	Jim & Peta Gould	Christina Pickles
Jo-Anne Bacon	Eddy Gorek & Doug Chilton	John & Stella Procter
Allan L. Bailey	Shirley Gross & Les Wallace	Linda J. Pruden
Chris Balding	Willie Gruber	Susan & Tim Reid
Nina Belostotsky	Karen Grue	Estelle Rivait
Artur Bohnet	Bonnie Guo	Krysta Robinson
Richard & Eileen Brown	Ted & Gracie Haas	Ilona Ryder
Rod L. Burton	John & Odette Haines	Hanan Shami & Zak Ismail
Mary Boychuk	Robin Hedley-Smith	Glenn Sloman
Camrose Ski Club	Candice Hergot	Yvette Stack
Sandra Carruthers	Doaa Ismail	Richard Lee, 4th Spruce Grove
Pat Cettiga	Gregg Janz	Scouts
Cheryl Currie	Lin & Linda Keehn	Clark & Katherine Svrcek
Jeremy Derksen	Simon LeBlanc	Kara Thygesen
Paul Dumais	Carrie Leeb	Tyson Walters
Janice Duncan	Petra Lewing	Leina Watrich
Steven Erikson & Kristy Wayne	Curtis & Nadine Mass	Mackenzie White
Erika Ewen	Joanne Martineau	Bob Willis
Michele Fortin	Elisa Mori-Torres	Catherine Wirt
Gold Bar Adventure Hikers	Darren Paches	



**Open  
Volunteer  
Positions**

## NOTICE TO ALL WASKAHEGAN MEMBERS:

### Volunteer Positions Open

Have you ever considered being on the Waskahegan Board of Directors?  
Would you like to know what goes on behind the scene?  
Would you like to help set future policy?

The Waskahegan board has two positions open at the moment:  
1 as Member-at-Large                      1 as Equipment Manager

We meet the evening of the third Thursday of each month at the hostel on Whyte Avenue. If this is an evening that you are free, and you would like to learn more about how you can help, please email [president@waskahagantrail.ca](mailto:president@waskahagantrail.ca) with any thoughts, comments, or questions.

## BARBECUE—OCTOBER 17, 2009



All Waskahegan **VOLUNTEERS** are invited to come to the First Annual Waskahegan Buffalo Burger BBQ & Hike at Imrie Park! Bring your spouse, children, or grandchildren to enjoy a fun Saturday on Oct. 17th.

*Pre register by Oct. 11th on Sunday hikes or by contacting Karen at 642-6372 or [k-bell@shaw.ca](mailto:k-bell@shaw.ca)*

Waskahegan Trail Association trips meet at the various locations as listed below and then we car pool from there. Passengers contribute \$5.00 to the driver for gas. Pets are not allowed on the hikes as there are wild and domestic animal encounters along the trail. The 6<sup>th</sup> & 7<sup>th</sup> edition trail guide page number are listed after the hike description.

Hikes with a “\*” are new for 2010. Beyond hikes and other events require pre-registration. Hike details are subject to change. Please consult our website for the most current and up to date information (www.waskahegantrail.ca).

## 2009/2010 HIKES & ACTIVITIES

**Meeting Places:**

<u>AMA</u>	Parking Lot 10310-39A Ave. SW corner
<u>Bonnie Doon Recycle</u>	85 St. across and west from the Bonnie Doon Mall
<u>Campers Village</u>	10951 170 Street
<u>Gold Bar Park</u>	4407 109A Avenue
<u>Hawrelak Park</u>	approx 93 Avenue & Grout Road
<u>McDonalds</u>	Argyll & 81 Street
<u>McDonalds Capilano</u>	9857 50 <sup>th</sup> Street
<u>McDonalds Westmount</u>	318-111 Avenue & Groat Road
<u>Muttart Conservatory</u>	9626-96A St.
<u>Snow Valley Ski Club</u>	(Rainbow Valley Campground) 13204-45 Ave, access via Whitemud Dr. off 122 St.
<u>Super Store Calgary Trail</u>	5019 Calgary Trail NE corner

*Please note changes in time, meeting place, and destinations made since the last newsletter.*

<i>Date</i>	<i>Time</i>	<i>Meeting Place</i>	<i>Destination</i>	<i>Bk Page</i>	<i>Distance</i>	<i>Leader</i>	<i>Phone (780-)</i>
Sept 27	9 AM	Bonnie Doon	Hastings L East of A92-A95	95/79	10k	Jim	968-2504
<b>Oct 3</b>	<b>830 AM</b>	<b>AMA</b>	<b>Coal Lake Challenge Saturday Special*</b>	<b>n/a</b>	<b>19k</b>	<b>Karen</b>	<b>642-6372</b>
Oct 4	9 AM	AMA	Miquelon Beach N A85-A86	87/71	10k	Peter	466-6756
Oct 11	9 AM	AMA	Kopp L.to N.end of Ord L.	43/27	10k	Anita	435-6444
<b>Oct 17</b>	<b>9 AM</b>	<b>Reg'n Req'd by Oct. 11</b>	<b>Imrie Park Buffalo Burger BBQ*</b>	<b>Volunteers</b>	<b>8-12k</b>	<b>Karen</b>	<b>642-6372</b>
Oct 18	9 AM	Bonnie Doon	Blackfoot Wanisan A99 to Meadows Shelter	101/81	10k	Ben	962-3215
Oct 25	9 AM	AMA	Battle R.Gwynne Rd - Schnee Hill A57-C	65/49	9.2k	Bev	469-7948
Nov 1	9 AM	Muttart Conservatory	Edmonton Millcreek Ravine S.	25/9	9k	Louise	467-8662
<b>Nov 2</b>	<b>7 PM</b>	<b>West End Campers</b>	<b>Campers Village Social</b>	<b>Dave &amp; Darlene Barnard</b>		<b>476-2266</b>	
Nov 8	9 AM	McDonald's Capilano	Trappers L-Oster L.-A104-A103	117/101	11.8k	Bill H.	962-6362
<b>Time Change</b>							
Nov 15	10 AM	Bonnie Doon	Blackfoot Islet Stage-Lost L. Hike	103/87	10k	Sharon B	464-0962
Nov 22	10 AM	Gold Bar Park	Edmonton Goldbar Kinnard Ravine Hike*	23/7	10k	Bev	469-7948
Nov 29	10 AM	Super Store 51 Ave	Edmonton Ft. Edmonton bridge Hike*		10k	Karen	642-6372
<b>Nov 29/30</b>	<b>10 AM</b>	<b>Casino</b>	<b>Casino at Argyll*</b>	<b>n/a</b>		<b>Louise</b>	<b>467-8662</b>
Dec 6	10 AM	Hawrelak Sh #1	Edmonton Hawrelak Park Hike	27/11	10k	Martha	634-5942

<i>Date</i>	<i>Time</i>	<i>Meeting Place</i>	<i>Destination</i>	<i>Bk Page</i>	<i>Distance</i>	<i>Leader</i>	<i>Phone (780-)</i>
Dec 13	10 AM	Snow Valley	Snow Valley South City Trail Hike	33/17	10k	Lisa	974-8391
Dec 20	10 AM	Capilano McDonald's	Blackfoot Wask. Stage. Hike/Ski	101/85	10k	Bill H.	962-6362
Dec 27	10 AM	Capilano McDonald's	Strathcona Wilderness Ctr Hike/ Ski	106/114	10k	Hugh	486-3085
<b>2010 HIKES</b>							
Jan 3	10 AM	Westmount McDonalds	Lot 56 St Albert Hike/Ski	125	10k	Lisa	974-8391
Jan 10	10 AM	Capilano McDonald's	Riverside Golf Course Hike/Ski	23/7	10k	Helen	468-4331
Jan 17	10 AM	Capilano McDonald's	Goldbar Park Hike/Ski	21/5	10k	Marilyn	463-1207
Jan 24	10 AM	Super Store 51 Ave	Devon Golf Course Hike/Ski*	119	10k	Hugh	486-3085
Jan 31	10 AM	Capilano McDonald's	Blackfoot Lake Stage Hike/Ski	105/87	10k	Helen	468-4331
Feb 7	10 AM	Capilano McDonald's	Strathcona Wilderness Ctr Hike/ Ski	106/114	10k	Lisa	974-8391
Feb 14	10 AM	Hawrelak Sh #1	Hawrelak Pk to Whitemud Hike/ Ski	31/13	10k	Martha	634-5942
Feb 21	10 AM	Capilano McDonald's	Goldbar Park Hike/Ski	21/5	10k	Lee	633-6901
Feb 28	10 AM	Capilano McDonald's	Blackfoot Central to Islet Hike/Ski	103/85	10k	Hugh	486-3085
Mar 7	10 AM	Westmount McDonalds	Lot 56 St Albert Hike/Ski	125	10k	Bev	469-7948
Mar 14	10 AM	83St & Argyl McDonalds	Millcreek Ravine Kinsmen Hike/ Ski*	25/9	14k	Lisa	974-8391
Mar 21	10 AM	Super Store 51 Ave	Leduc Telford Lake— St Johns Park*	n/a	10k	Karen	642-6372
Mar 28	10 AM	Super Store 51 Ave	Fort Saskatchewan City Trails Hike*	125/109	10k	Bev	469-7948
Apr 4	10 AM	Super Store 51 Ave	Sherwood Park NA & City Trails Hike*	n/a	10k	Don	467-7435
<b>Time Change</b>							
Apr 11	9 AM	Super Store 51 Ave	Camrose City Hike*	75/59	10k	Elizabeth	672-2873
Apr 18	9 AM	Super Store 51 Ave	Battle River East A64-A62	69/53	10k	Karen	642-6372
Apr 25	9 AM	Super Store 51 Ave	Pipestone A53 West to A50	59/43	10k	TBA	
May 2	9 AM	Super Store 51 Ave	Trappers Lake A105-Fence	117/101	10k	Bill	962-6362
May 9	9 AM	Super Store 51 Ave	Source of the Blackmud A38- A39+	45/29	10k	Karen	642-6372
May 16	9 AM	Super Store 51 Ave	Battle River West A60-58C	65/49	10k	TBA	
May 23	9 AM	Super Store 51 Ave	Miquelon #2 West A84-DE	81/67	10k	Peter	466-6756
May 30	9 AM	Super Store 51 Ave	Devon River & Ravine Trails*	118	10k	Sandra	467-9572
Jun 6	9 AM	Super Store 51 Ave	Ministik A87-Horshoe Lake	89/73	10k	Jim	968-2504
Jun 13	9 AM	Super Store 51 Ave	Coal Lake South End Dam-A46	53/37	10k	TBA	
Jun 20	9 AM	Super Store 51 Ave	Pigeon Lake Provincial Pk*	121	10k	TBA	
Jun 27	9 AM	Super Store 51 Ave	Bigstone Pipestone Hike Through -A48-A50*	57/41	10k	Karen	642-6372